



Analytical Resource Laboratories

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## Certificate of Analysis

### Client Information

**Life All Natural**  
5411 NW 74th Ave  
Miami, FL 33166  
USA  
305-889-2087

### Sample Information

ARL ID: 660803  
Date Received: 2/21/2023  
Date Tested: 2/27/2023  
Description: Mushroom Complex - ELM & RYE  
Lot#: L230109  
Expiration Date: 01/2025  
Serving Size: 2 Capsule(s)

### Results

Analysis	Method	†MDL / LOQ	Specification	Results	UOM	Lab ID
<u>Complete Micro Profile, HM</u>	USP, AOAC, ICP-MS					1
Total Plate Count	USP <2021>	100	Record Only	None Detected	cfu's/g	1
Coliforms	AOAC 991.14	10	Record Only	20	cfu's/g	1
E. coli	USP <2022>	Absent	Record Only	Absent	cfu's/10g	1
Staphylococcus aureus	USP <2022>	Absent	Record Only	Absent	cfu's/10g	1
Salmonella	USP <2022>	Absent	Record Only	Absent	cfu's/10g	1
Yeast	USP <2021>	100	Record Only	None Detected	cfu's/g	1
Mold	USP <2021>	100	Record Only	None Detected	cfu's/g	1
<u>Heavy Metals</u>	ARL ICPMS 8.016					1
Arsenic (As)	ARL ICPMS 8.016	0.001	Record Only	0.525	ppm	1
Cadmium (Cd)	ARL ICPMS 8.016	0.001	Record Only	0.010	ppm	1
Mercury (Hg)	ARL ICPMS 8.016	0.001	Record Only	< 0.001	ppm	1
Lead (Pb)	ARL ICPMS 8.016	0.001	Record Only	0.034	ppm	1

#### †Method Detection Limit (MDL):

In microbiological testing, this is the minimum level of growth that can be detected with confidence. If a result is reported as "None Detected", it means any visible growth was below this limit.

Form: arlcoa031201a Report: 660803

experience • professionalism • value

Released by: Jacob Teller

Printed on: 2/27/2023 12:29:05 PM

Date Released: 2/27/2023

This Certificate of Analysis represents data only for the sample provided. It does not constitute a guarantee of quality for the entire production lot.

Page 1 of 2



Results

Analysis	Method	†MDL / LOQ	Specification	Results	UOM	Lab ID
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†Limit of Quantitation (LOQ):

In analytical chemistry testing, this is the minimum level of the desired analyte that can be quantified with confidence. If a result is reported as less than LOQ, it means any detected amount was too small to report an exact number.

**Under accreditation number 77504, ARL is an ISO/IEC 17025:2017 Accredited Laboratory. Uncertainty data for ISO-scoped methods is available upon request. Certificate and scope are also available upon request.**





45 mg Cordyceps, 45 mg Reishi, 45 mg  
Lions Mane, 45 mg Chaga, 10 mg Maitake  
Mango Gummies  
Sample Matrix:  
CBD/HEMP  
Edibles  
(Ingestion)



DEA No. RA0571996  
FL License # CMTL-0003  
CLIA No. 10D1094068

# Certificate of Analysis

## Compliance Test

**Elm&Rye**  
221 N. Broad St. Suite 3A  
Middletown, Delaware 19709

Batch # 1222006201  
Batch Date: 2022-12-03  
Extracted From: -

Sampling Method: MSP 7.3.1  
Test Reg State: Florida

Order # CRE221207-050001  
Order Date: 2022-12-07  
Sample # AADV353

Sampling Date: 2022-12-13  
Lab Batch Date: 2022-12-13  
Completion Date: 2022-12-18

Initial Gross Weight: 34.019 g  
Net Weight: 29.452 g

Number of Units: 1  
Net Weight per Unit: 4908.667 mg



**Potency Tested** **Heavy Metals Passed** **Mycotoxins Passed** **Pesticides Passed** **Residual Solvents Passed**

**Pathogenic Microbiology Passed** **Listeria Monocytogenes Passed**

Product Image

### Potency 10

Specimen Weight: 1523.600 mg

Tested  
SOP13.001 (LCUV)

Pieces For Panel: 6

Analyte	Dilution (1:n)	LOD (%)	LOQ (%)	Result (mg/g)	(%)
CBC	10.000	1.80E-5	0.0015	<LOQ	<LOQ
CBD	10.000	5.40E-5	0.0015	<LOQ	<LOQ
CBDa	10.000	1.00E-5	0.0015	<LOQ	<LOQ
CBDV	10.000	6.50E-5	0.0015	<LOQ	<LOQ
CBG	10.000	2.48E-4	0.0015	<LOQ	<LOQ
CBGA	10.000	8.00E-5	0.0015	<LOQ	<LOQ
CBN	10.000	1.40E-5	0.0015	<LOQ	<LOQ
Delta-9 THC	10.000	1.30E-5	0.0015	<LOQ	<LOQ
THCA-A	10.000	3.20E-5	0.0015	<LOQ	<LOQ
THCV	10.000	7.00E-6	0.0015	<LOQ	<LOQ

### Potency Summary

Total Active THC None Detected	Total Active CBD None Detected
Total CBG None Detected	Total CBN None Detected
Other Cannabinoids None Detected	Total Cannabinoids None Detected

### Mycotoxins

Specimen Weight: 258.900 mg

Passed  
SOP13.007 (LCMS)

Analyte	LOD (ppb)	LOQ (ppb)	Action Level (ppb)	Result (ppb)	Analyte	LOD (ppb)	LOQ (ppb)	Action Level (ppb)	Result (ppb)
Aflatoxin B1	3.0400E-1	6	20	<LOQ	Aflatoxin G2	2.7100E-1	6	20	<LOQ
Aflatoxin B2	7.7000E-2	6	20	<LOQ	Ochratoxin A	7.5400E-1	12	20	<LOQ
Aflatoxin G1	3.0400E-1	6	20	<LOQ					

### Pathogenic Microbiology

SAE (MicroArray)

Passed  
SOP13.019  
(Micro Array)

Specimen Weight: 1026.730 mg  
Dilution Factor: 1.000

Analyte	Result (cfu/g)	Analyte	Result (cfu/g)
Aspergillus flavus	Absence in 1g	Aspergillus terreus	Absence in 1g
Aspergillus fumigatus	Absence in 1g	Salmonella	Absence in 1g
Aspergillus niger	Absence in 1g	STEC E. Coli	Absence in 1g

Xueli Gao  
Ph.D., DABT  
Lab Toxicologist

Aixia Sun  
D.H.Sc., M.Sc., B.Sc., MT (AAB)  
Lab Director/Principal Scientist



Definitions and Abbreviations used in this report: Total Active CBD = CBD + (CBD-A \* 0.877), \*Total CBDV = CBDV + (CBDVA \* 0.87), Total Active THC = THCA-A \* 0.877 + Delta 9 THC, Total THCV = THCV + (THCVA \* 0.87), CBG Total = (CBGA \* 0.877) + CBG, CBN Total = (CBNA \* 0.877) + CBN, Total CBC = CBC + (CBCA \* 0.877), Total THC-O-Acetate = Delta 8 THC-O-Acetate + Delta 9 THC-O-Acetate, Other Cannabinoids Total = Total Cannabinoids - All the listed cannabinoids on the summary section, Total Detected Cannabinoids = Delta6a10a-THC + Delta8-THC + Total CBN + CBT + Delta8-THCV + Total CBG + Total CBD + Total THCV + CBL + Total THC + Total CBC + Total CBDV + Delta10-THC + Total THC-O-Acetate, Analyte Details above show the Dry Weight Concentrations unless specified as 12% moisture concentration. (mg/ml) = Milligrams per Milliliter, LOQ = Limit of Quantitation, LOD = Limit of Detection, Dilution = Dilution Factor (ppb) = Parts per Billion, (%) = Percent, (cfu/g) = Colony Forming Unit per Gram (cfu/g) = Colony Forming Unit per Gram, , LOD = Limit of Detection, (µg/g) = Microgram per Gram (ppm) = Parts per Million, (ppm) = (µg/g), (aw) = aw (area ratio) = Area Ratio, (mg/Kg) = Milligram per Kilogram, \*Measurement of Uncertainty = +/- 10%

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45 mg Cordyceps, 45 mg Reishi, 45 mg  
Lions Mane, 45 mg Chaga, 10 mg Maitake  
Mango Gummies  
Sample Matrix:  
CBD/HEMP  
Edibles  
(Ingestion)



DEA No. RA0571996  
FL License # CMTL-0003  
CLIA No. 10D1094068

# Certificate of Analysis

Compliance Test

**Elm&Rye**  
221 N. Broad St. Suite 3A  
Middletown, Delaware 19709

Batch # 1222006201  
Batch Date: 2022-12-03  
Extracted From: -

Sampling Method: MSP 7.3.1  
Test Reg State: Florida

Order # CRE221207-050001  
Order Date: 2022-12-07  
Sample # AADV353

Sampling Date: 2022-12-13  
Lab Batch Date: 2022-12-13  
Completion Date: 2022-12-18

Initial Gross Weight: 34.019 g  
Net Weight: 29.452 g

Number of Units: 1  
Net Weight per Unit: 4908.667 mg

**Pesticides FL V4**  
Specimen Weight: 258.900 mg  
Dilution Factor: 5.790

**Passed**  
SOP13.007  
(LCMS/GCMS)

**Listeria Monocytogenes**  
Specimen Weight: 995.230 mg  
Dilution Factor: 1.000

**Passed**  
SOP13.032  
(qPCR)

Analyte	LOD (ppb)	LOQ (ppb)	Action Level (ppb)	Result (ppb)	Analyte	LOD (ppb)	LOQ (ppb)	Action Level (ppb)	Result (ppb)	Analyte	Action Level (cfu/g)	Result
Abamectin	2.8800E-1	28.23	300	<LOQ	Fludioxonil	1.7400E+0	48	3000	<LOQ	Listeria Monocytogenes	1	Absence in 1g
Acephate	2.3000E-2	30	3000	<LOQ	Hexythiazox	4.9000E-2	30	2000	<LOQ			
Acequinocyl	9.5640E+0	48	2000	<LOQ	Imazalil	2.4800E-1	30	100	<LOQ			
Acetamiprid	5.2000E-2	30	3000	<LOQ	Imidacloprid	9.4000E-2	30	3000	<LOQ			
Aldicarb	2.6000E-2	30	100	<LOQ	Kesoxim Methyl	4.2000E-2	30	1000	<LOQ			
Azoxystrobin	8.1000E-2	10	3000	<LOQ	Malathion	8.2000E-2	30	2000	<LOQ			
Bifenazate	1.4150E+0	30	3000	<LOQ	Metaxyl	8.1000E-2	10	3000	<LOQ			
Bifenthrin	4.3000E-2	30	500	<LOQ	Methiocarb	3.2000E-2	30	100	<LOQ			
Boscalid	5.5000E-2	10	3000	<LOQ	Methomyl	2.2000E-2	30	100	<LOQ			
Captan	6.1200E+0	30	3000	<LOQ	methyl-Parathion	1.7100E+0	10	100	<LOQ			
Carbaryl	2.2000E-2	10	500	<LOQ	Mevinphos	2.1500E+0	10	100	<LOQ			
Carbofuran	3.4000E-2	10	100	<LOQ	Myclobutanil	1.0290E+0	30	3000	<LOQ			
Chlorantraniliprole	3.3000E-2	10	3000	<LOQ	Naled	9.5000E-2	30	500	<LOQ			
Chlordane	1.0000E+1	10	100	<LOQ	Oxamyl	2.5000E-2	30	500	<LOQ			
Chlorfenapyr	3.4000E-2	30	100	<LOQ	Paclobutrazol	6.5000E-2	30	100	<LOQ			
Chlomequat Chloride	1.0800E-1	10	3000	<LOQ	Pentachloronitrobenzene	1.3200E+0	10	200	<LOQ			
Chlorpyrifos	3.5000E-2	30	100	<LOQ	Permethrin	3.4300E-1	30	1000	<LOQ			
Clofentazine	1.1900E-1	30	500	<LOQ	Phosmet	8.2000E-2	30	200	<LOQ			
Coumaphos	3.7700E+0	48	100	<LOQ	Piperonylbutoxide	2.9000E-2	30	3000	<LOQ			
Cyfluthrin	3.1100E+0	30	1000	<LOQ	Prallethrin	7.9800E-1	30	400	<LOQ			
Cypermethrin	1.4490E+0	30	1000	<LOQ	Propiconazole	7.0000E-2	30	1000	<LOQ			
Daminozide	8.8500E-1	30	100	<LOQ	Propoxur	4.6000E-2	30	100	<LOQ			
Diazinon	4.4000E-2	30	200	<LOQ	Pyrethrins	2.3593E+1	30	1000	<LOQ			
Dichlorvos	2.1820E+0	30	100	<LOQ	Pyridaben	3.2000E-2	30	3000	<LOQ			
Dimethoate	2.1000E-2	30	100	<LOQ	Spinetoram	8.0000E-2	10	3000	<LOQ			
Dimethomorph	5.8300E+0	48	3000	<LOQ	Spinosad	8.8000E-2	30	3000	<LOQ			
Ethoprophos	3.6000E-1	30	100	<LOQ	Spiromesifen	2.6100E-1	30	3000	<LOQ			
Etofenprox	1.1600E-1	30	100	<LOQ	Spirotetramat	8.9000E-2	30	3000	<LOQ			
Etoxazole	9.5000E-2	30	1500	<LOQ	Spiroxamine	1.3100E-1	30	100	<LOQ			
Fenhexamid	5.1000E-1	10	3000	<LOQ	Tebuconazole	6.7000E-2	30	1000	<LOQ			
Fenoxycarb	1.0700E-1	30	100	<LOQ	Thiacloprid	6.4000E-2	30	100	<LOQ			
Fenpyroximate	1.3800E-1	30	2000	<LOQ	Thiamethoxam	5.0000E-2	30	1000	<LOQ			
Fipronil	1.0700E-1	30	100	<LOQ	Trifloxystrobin	3.7000E-2	30	3000	<LOQ			
Fonicamid	5.1700E-1	30	2000	<LOQ								

Xueli Gao  
Ph.D., DABT  
Lab Toxicologist

Aixia Sun  
D.H.Sc., M.Sc., B.Sc., MT (AAB)  
Lab Director/Principal Scientist



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45 mg Cordyceps, 45 mg Reishi, 45 mg  
Lions Mane, 45 mg Chaga, 10 mg Maitake  
Mango Gummies  
Sample Matrix:  
CBD/HEMP  
Edibles  
(Ingestion)



DEA No. RA0571996  
FL License # CMTL-0003  
CLIA No. 10D1094068

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Compliance Test

**Elm&Rye**  
221 N. Broad St. Suite 3A  
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Batch # 1222006201  
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Sample # AADV353

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Lab Batch Date: 2022-12-13  
Completion Date: 2022-12-18

Initial Gross Weight: 34.019 g  
Net Weight: 29.452 g

Number of Units: 1  
Net Weight per Unit: 4908.667 mg

## Residual Solvents - FL (CBD)

Specimen Weight: 13.800 mg

Dilution Factor: 1.000

Analyte	LOD (ppm)	LOQ (ppm)	Action Level (ppm)	Result (ppm)	Analyte	LOD (ppm)	LOQ (ppm)	Action Level (ppm)	Result (ppm)
1,1-Dichloroethene	0.0094	0.16	8	<LOQ	Heptane	0.0013	1.39	5000	<LOQ
1,2-Dichloroethane	0.0003	0.04	5	<LOQ	Hexane	0.068	1.17	290	<LOQ
Acetone	0.015	2.08	5000	<LOQ	Isopropyl alcohol	0.0048	1.39	500	<LOQ
Acetonitrile	0.06	1.17	410	<LOQ	Methanol	0.0005	0.69	3000	<LOQ
Benzene	0.0002	0.02	2	<LOQ	Methylene chloride	0.0029	2.43	600	<LOQ
Butanes	0.4167	2.5	2000	<LOQ	Pentane	0.037	2.08	5000	<LOQ
Chloroform	0.0001	0.04	60	<LOQ	Propane	0.031	5.83	2100	<LOQ
Ethanol	0.0021	2.78	5000	<LOQ	Toluene	0.0009	2.92	890	<LOQ
Ethyl Acetate	0.0012	1.11	5000	<LOQ	Total Xylenes	0.0001	2.92	2170	<LOQ
Ethyl Ether	0.0049	1.39	5000	<LOQ	Trichloroethylene	0.0014	0.49	80	<LOQ
Ethylene Oxide	0.0038	0.1	5	<LOQ					

Passed

SOP13.039 (GCMS)

## Heavy Metals

Specimen Weight: 246.020 mg

Dilution Factor: 203

Analyte	LOD (ppb)	LOQ (ppb)	Action Level (ppb)	Result (ppb)	Analyte	LOD (ppb)	LOQ (ppb)	Action Level (ppb)	Result (ppb)
Arsenic (As)	4.83	100	1500	<LOQ	Lead (Pb)	11.76	100	500	<LOQ
Cadmium (Cd)	.64	100	500	<LOQ	Mercury (Hg)	.58	100	3000	<LOQ

Passed

SOP13.048 (ICP-MS)

Xueli Gao  
Ph.D., DABT  
Lab Toxicologist

Aixia Sun  
D.H.Sc., M.Sc., B.Sc., MT (AAB)  
Lab Director/Principal Scientist



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